



UPAN Newsletter Volume 9 Number 9 | SEPTEMBER 2022
"Empowerment and Growth Through Knowledge and Unity"

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Medical Records System Crashes – People Not Prisons Vigil – UDC Updates Since the Move - Budgeting Finances & Owning a Car – SLC MAD Educates UPAN & UDC – UPAN Leadership Changes

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Next Meeting: OCT 10, 2022 6:30 p.m. Guest Speaker: Rosemary Cundiff, Ombudsman Utah Records presents on how to request state records including / prison health records through the GRAMA and HIPPA process.

Meeting Location: Virtual Zoom Meeting – link <https://bit.ly/3vqQjiA> Free and open to the public

Following Meeting: Mon, Nov 14, 2022 Guest Speakers: TBA

UPAN continues virtual meetings. Also available on UPAN Facebook Live and on Facebook page afterwards. Use link above or visit UPAN website for link (p. 10), or Utah Prisoner Advocate Facebook Page for link to current monthly meeting. Free to public.

<u>In This Issue:</u> Meeting Announcements, UPAN N/L contents in this issue and UPAN Disclaimer	Page 1
» Felons Not in a Correctional Facility CAN VOTE in Utah	Page 1
» Electronic Medical Record System Crashes by Molly Prince, LCSW	Pgs. 2-3
» People Not Prisons Vigil at Capitol, September 6th by Molly Prince, LCSW	Pgs. 3-5
» Various Updates from UDC as of September 14th by Molly Prince, LCSW	Pgs. 5-6
» NewPath Foundation Guides People into Car Ownership by Molly Prince LCSW	Pgs. 6-7
» SLC Mosquito Abatement District presents at UPAN Meeting by Molly Prince, LCSW	Pgs. 7-8
» UPAN Leadership Changes by Molly Prince [with small addition by Ed.]	Pgs. 9-10
Couple of Smiles & Maybe a Laugh --- List of UPAN Contact Info and our Facebook page.	Page 10

Disclaimer: Formulate your own opinions about the information presented. This information is presented for the reader's enlightenment and evaluation.

"Fear has two meanings: Forget Everything and Run, or Face Everything and Rise. The choice is yours." Zig Ziglar, author, motivational speaker

Anxiety and fear are cousins but not twins. Fear sees a threat. Anxiety imagines one.
Carol Arzen, Grief Educator

Felons Not In a Correctional Facility Can Vote in Utah

REMINDER: Anyone who is NOT incarcerated in a correctional facility may register and exercise their right to vote in Utah. This means that inmates in the Utah State Prison at Draper or CUCF in Gunnison cannot vote, nor can anyone housed in a county jail or in a community correctional center or transitional center. But once released from a facility, the individual has the right to vote restored immediately.

Other eligibility requirements include: You must be a U.S. citizen and must be 18 years old on or before the next election. You must have resided in Utah at least 30 days immediately before the next election.

Electronic Medical Records System Crashes. **Thousands of Records and Prescriptions Lost. What Has Been Done To Fix It.**

By Molly Prince LCSW

This article is primarily a summary of information posted on the UDC Website and shared in two Zoom town hall meetings with the public and one press conference with the media. It includes what UPAN is doing and what families and prisoners can do to receive medical care.

There was a new electronic medical records system that was slated to be implemented in the UDC which would cover both prisons. It was expected it would improve operations overall. According to an August 19, 2022 update on the UDC website, *“Due to delays with the contractor, the data migration began during the move to the new prison.”* This update stated that UDC then began experiencing some *“technical challenges with that transition. Our medical team is working around the clock to address these concerns.”* The update went on to say, *“Generally speaking, if an incarcerated individual has an urgent medical concern they can notify the officer in their housing section. If an incarcerated individual needs to be seen by medical or have a prescription filled, then they can submit a health care request form (available on their housing unit) to be seen.”*

UPAN had begun receiving a significant increase of concerns from incarcerated and family members about their loved ones not receiving vital medications during July. This was in addition to concerns that were already coming in prior to the move.

Another update on this situation is posted on the UDC website that states, *“On August 1, Fusion (a vendor contracted with the Utah Department of Corrections) launched a new Electronic Health Records (EHR) system to help manage care in correctional facilities.”*

Within a matter of days, it became apparent that there were some problems with the roll-out. The scope of those issues is still being uncovered, but a glitch that initially seemed to cause isolated patients to fail to receive medication refills, soon ballooned into a system-wide health data migration issue.”

The UDC continued to update their website and held two Zoom meetings and one press conference as well as released several comments to the media surrounding this devastating failure of the Fusion EHR system that has, to date, impacted thousands of inmates by losing prescription information and records.

Within days of the crash, the UDC administration quickly sought support to help remedy the immediate problem of hundreds of inmates not receiving medications that were prescribed. This included receiving support from the Governor's Office, the Utah Department of Health and Human Services, and local pharmacies to rectify the problem. By mid-August, UDC reported an increased medical presence with patients throughout the prison system to confirm the accuracy of prescriptions.

UDC has partnerships with the University of Utah Medical Center's Midvalley Pharmacy, Gunnison Family Pharmacy, and other pharmacies throughout the state to increase its capacity to deliver medications. According to UDC, it fills 750-1,000 prescriptions on a typical day.

In addition to UDC medical staff, Utah's Health and Human Services provided four additional pharmacists, five pharmacy technicians, and a total of 26 medical representatives including registered nurses, physicians' assistants, and advanced practice nurses. Staff throughout UDC's Clinical Services Bureau, and other UDC personnel, continued to work tirelessly to correct data and fill prescriptions.

In terms of working to repair the problems with the software, UDC brought in the software developers from Fusion. The CSB and Utah's Division of Technology Services have been assisting the software developers in auditing data and digging into technical details.

UDC quickly acknowledged publicly that there was a serious problem that had reached crisis proportions. As of August 24, the UDC update states, in part, *“While the data migration to this new system has posed immense challenges, UDC recognizes the severity of the crisis at hand and will continue to be transparent and accountable to repair the issues and restore confidence that all incarcerated individuals will reliably receive their medications in a timely and accurate manner.”*

Throughout this situation, UPAN's medical team has been in contact with UDC, sharing reports with administration on incarcerated patients who were not receiving medications or treatment. UPAN's co-founder Molly Prince has stayed in regular contact with both Steve Turley, the new Administrative Director of the Clinical Services Bureau and Steve Gehrke, UDC's Director of Operational Excellence on a regular basis since the beginning of this crisis.

Both of these administrators immediately acknowledged the seriousness of the situation and seemed to appreciate UPAN's efforts at assisting families in learning how to advocate for their incarcerated loved ones, as well as gracefully accepting all concerns submitted through UPAN when the efforts of inmates and families did not result in receiving prescription medication and urgent and necessary medical care.

As of September 1, Corrections' updated progress report states, *“With support from the Utah Department of Health and Human Services (DHHS) and the*

Department of Government Operations (DGO)/Division of Technology Services (DTS); the Utah Department of Corrections (UDC) completed a comprehensive medical records review Thursday (09/01). This effort included an assessment and update of every incomplete medical record that came through during a transition to a new Electronic Healthcare Records System (EHRS), along with a return to more normal operations in regards to the distribution of medications within correctional facilities.”

UPAN is aware that as of mid-September, there are still lingering challenges that prisoners are facing in terms of receiving their medications regularly and accessing medical care quickly, including in urgent and emergent situations. UPAN encourages inmates to continue to submit Inmate Care Requests (ICR's) in whatever format is being used in their housing units. UPAN encourages inmates to keep a list of dates and reasons for submitting ICRs in case they are not triaged quickly and seen in a timely manner.

UPAN continues to encourage prisoners to ask for and fill out the new medical authorization that allows UDC Medical to speak with family members about your

medical situation. This form is now called a *Medical Power of Attorney* and is available through your case manager. We are told officers can also print them out. The incarcerated person fills it out and gets it notarized and it is then submitted to Medical for inclusion in the inmate record. This should be facilitated by the case manager.

Families can advocate for their incarcerated loved one's medical issues that are still not being addressed by sending an email with all relevant information to corrections@utah.gov or ltruchard@utah.gov.

Families can call the family line for medical at 801-522-7293 and leave a detailed message including the name and offender number of their loved one and their name and a call back number. Due to the high volume of calls, the person who responds to these calls may not be able to call back within 24 hours as she used to be able to do. In serious cases, after ICRs have been submitted and if the advocacy from family has not been effective, families can reach out to UPAN for further support and advocacy.

“We can smile when facing a challenge, if we believe in ourselves that we won't back down.”

Ellen J. Barrier, author

People Not Prisons Vigil at the Capitol Held on September 6th

by Molly Prince, LCSW

A vigil was held on the evening of September 6th on the Capitol steps in Salt Lake City to remember and bring attention to incarcerated individuals who have passed away in Utah's prisons and jails, as well as to bring attention and express support to those in the care and custody of Utah Department of Corrections.

This was hosted by People Not Prisons, which is a coalition of the ACLU, UPAN, the Disability Law Center and other organizations. BLM Utah, Journey of Hope, Prisoner Advocate Group, NAMI, and other organizations were represented or in attendance. Information tables were there. It was live streamed on UPAN's Facebook Page and in the UPAN Family Facebook Group, other social media, as well as through other streaming services.

The timing to achieve a large attendance was difficult due to being scheduled on a weeknight, right after Labor Day, but many people joined or were informed by watching it online during the presentation or after.

The event was hosted by Niki Vinugopal of the ACLU. Pastor Shawn Clay, co-director of the Salt Lake City Mission and founder of New Beginnings Ministries opened and closed the event with a minute of silence and prayer. Other faith leaders including Father Jim, Father Sava, and Deacon Joseph of the Glory to God Holy Catholic Church were also reported to be present.

ACLU's Niki Vinugopal introduced and explained the purpose of the event, and electronic candles were turned on in solidarity.

Black Lives Matter Utah's Operating Chairperson, Rae Duckworth, shared numbers identifying Utah as holding the worlds #1 ranking for the number of people that are incarcerated per capita. We have 435 people in our prisons and jails for every 100,000 of our State population. She spoke of vulnerabilities and serious medical problems BLM Utah has been contacted about by prisoners.

UPAN's Director of Special Projects Karen Thompson spoke about what UPAN is and does. She expressed her sadness about Utah's statistics on incarcerated people. Later in the event she shared comments and letters from families specific to medical issues. She identified one incarcerated patient not receiving lab results for 21 days. We ask, "Who, out in the community, waits 21 days for lab results?" She spoke of the problem of so many prisoners whose psychotropic medications were discontinued without medical supervision, which is against pharmaceutical and medical recommendations for those products

While the purpose of this vigil was to focus on the health issues and recent deaths of incarcerated persons in our prisons, it also shined the light on the plight, fear, and helplessness of families who have incarcerated loved

ones. Various family members and friends of the incarcerated shared their experiences, sadness, pain, and frustration.

A woman discussed how fearful she is that her father had not received medication and medical care in the past two months. She pointed out that inmates are vulnerable to a system that relied on an electronic health record system that did not have backups in place to retain the medical records if the new one had problems. She also shared frustration with the limited opportunities for phone calls which restricts the incarcerated from accessing family support while inside.

A mother shared her fears for her son who is currently incarcerated after having one son killed while in custody in 2009. Her dread of getting "that phone call" intensifies every time she hears of a stabbing or fight in either one of Utah's prisons. She stressed that no matter what, her son will always be her son, despite the prison's position on the matter. She has been told by an officer, "He's not your son anymore, he's ours."

A young daughter spoke about the intensive stress and lack of food prison inmates are experiencing. Her father has lost weight. She acknowledged the stress of the entire situation on everyone but pointed out that the inmates are stuck there while "guards can go home" (after their work shift).

Terry spoke of losing his best friend, Ted Davey, who would have released to parole on the day of the vigil, had he not been murdered in his cell by another inmate. He spoke of Ted's grandchildren who miss him and do not understand why this has happened. He stressed the need to have better programs in Utah's jails and prisons to help people conquer their addictive illnesses rather than just locking them up. He finished with, "Stay strong and keep pushing forward. Our loved ones need us!"

Roni of Prisoner Advocate Group (PAG) spoke on the school-to-prison pipeline that leads to incarceration of so many who were just pushed through school without receiving the help and support they needed. She talked of those marginalized children who end up in the system. She also addressed the significant high cost borne by families who are supporting a prisoner .

Gayle Dawes, UPAN's Director of Women's Issues told her experience, and about her daughter's struggles that resulted in incarceration. Her daughter has been incarcerated long enough that her children have grown up and had children of their own. Yet, despite being in prison, her daughter is still an important part of their family. They talk on the phone as much as possible. They write and visit. Gayle also mentioned letters she has received from incarcerated women who are reaching out for help and telling her how things are inside. Gayle stressed the need for love, Agape love, love for fellow humanity. She went on to say, "We are a society that blames, rather than loves."

Gayle explained about the dedication of families to their incarcerated loved ones, "Everything we do for them is so they can come home."

Chris Moon, one of UPAN's co-founders and current Director and Secretary shared her own experience of being the mother of a son who struggled and ended up in and out of prison.

Chris also shared experiences and stories from other family members with incarcerated loved ones who could not be at the vigil in person. These included a statement from a son whose father was recently killed in prison.

Another was from the fiancé of a 27-year-old man who died after not receiving medications and whose family has to wait up to 18 weeks for an autopsy. (That is an issue all by itself – why would the family of an incarcerated person have to wait 18 weeks?)

She read one from the parent of an adult child. Another letter explained about a son who had been on the lacrosse team but as a young adult also suffered from anxiety and ended up becoming dependent upon drugs as a way to self-medicate. Yet incarceration resulted in more trauma and he now suffers from PTSD from witnessing the horrors that occur in prison.

A mother from Arizona shared how her son was attacked and stabbed while in Utah's prisons, yet the med tech told him that he "Would be lucky to get Tylenol and you are not getting that for pain." Another letter discussed the challenges of inmates who are immunocompromised to get appropriate medical care and to remain healthy in the prison setting.

JC representing Journey of Hope, and a survivor of incarceration, addressed the dehumanization of incarceration. She discussed the need for society to look, observe, and acknowledge the inhumanity of incarceration. Then something needs to be done to remedy that.

Another speaker was the wife of an inmate who discussed the problem with mosquitoes at USCF and how she reached out to the Magna Mosquito Abatement District, shared what she learned with UPAN families which contributed to UPAN being able to follow up to connect the Salt Lake City Mosquito Abatement District with UDC and DFCM to begin working on solving the challenges to abatement on the prison grounds. She asked why it took outside people to get the state to do what it should have done long ago to begin to address this serious problem.

Jessica, a formerly incarcerated woman who released in 2016, spoke on the brutal realities of re-entry and rebuilding life after prison. She is clean, has her children back and is stable. Jessica reported that her parole officer supported her in her struggles and got her into the right programs to help her. Yet her children's father is struggling on parole, was honest with his PO. The agent

failed to help him get the support and help he needs and now he is back in prison. She encouraged families to keep showing up!

This vigil was full of testimonies about and from real people and families. Everyone does time when a loved

one goes to prison. Families are beginning to become empowered to advocate for their loved ones. This vigil was full of deep emotion, love, and desire to be a part of the process that shines the light on what needs attention.

Various Updates from UDC as of September 14, 2022

Summarized by Molly Prince, LCSW

The UDC Stakeholder's Meeting held on September 14 included speakers from various divisions of UDC. The focus of this meeting was for updates to the community on the diverse issues incarcerated people are experiencing subsequent to a variety of changes implemented by the move from old Utah State Prison to the new USCF in Salt Lake City. Many of these changes have impacted CUCF in Gunnison as well. UPAN is merely sharing what was said here.

UCI – Commissary. Director Maria Peterson reported that they switched commissary vendors to coincide with the move in July. Their intent was to get commissary ordering transferred to an electronic method on tablets rather than the paper and pencil bubble sheet method used for years. The information technology (IT) has taken time and they have had issues getting it to work properly. Tablets are still not provided throughout the prisons for commissary ordering, so some orders are ordered by phone in some areas and apparently tablets are being used in other areas.

She said once the tablet system is fully implemented it will be better because it will show the person what is out of stock versus what is in stock. Ordering on the phone does not inform the person ordering if the item they are ordering is out of stock. This transition could still take several more weeks. There is not an identified target date for full implementation.

The kiosks are still not installed. They will also be used to order commissary according to Peterson. She was told they are "on their way," but it is impossible to give a target date for when they will be online.

Information - Dir. Peterson said that last week a handout of information on how to place orders was included in the commissary bags handed out. She is hoping this will assist inmates in ordering on whatever system they will be ordering on. (She did not say how people who did not receive a commissary order last week received or will receive the handout.)

Out of stock items - UCI acknowledges that many orders over the past few months have had out of stock items. She said they are tracking the funds that need to be refunded. She said that a few weeks ago they were having to refund \$40,000 per week to inmate accounts who ordered and were charged for either items they did not receive due to lack of stock, or entire commissary order bags that were not received for reasons related to problems delivering the bags. The refund list is down to \$20,000 this week due to more products being in stock as well as fixing the delays in transport of the

commissary bags that resulted in some not being delivered in both CUCF and USCF.

UCI Commissary has two parts. 1) Commissary for food and hygiene or other products we would consider to be like grocery shopping, and 2) property items, meaning extra clothing (underwear, t shirts, bras, socks, sweats, thermals, shoes, etc.) and bowls, hot pots, electronics, etc. She said there have been delays in getting anything besides food and hygiene items loaded to the online (phone or tablet) ordering system. They expect clothing and electronics and other non-food or non-hygiene items to be included in the coming weeks.

TVs that were damaged in the move. Dir. Peterson stated that this week Property replaced and delivered 65 TVs to inmates who lost theirs due to being broken during the move. She said some people did not take their TVs on the move at all, so those would not be replaced.

UCI Inmate Employees. Prisoners who work for UCI will be getting an increase in pay. Those who work continuously for UCI for over a year will be eligible to receive a bonus of \$100 per year put into an account that they can receive when they parole, for up to five years of work or a total of \$500. For people who are in for a long time or for life, there is another method they can request to access those funds to be put on their books.

Virtual Reality Training. All workers in UCI will eventually be able to start training on virtual reality. It is called Transvr and they will have oculus headsets to learn their trades / jobs. Remember, UCI employs not only commissary workers but print shop, embroidery, sewing, furniture and upholstery, the plate plant, and other shops that pay better than prison jobs. UCI workers will do their first safety training on it soon. UCI in Utah will be the first correctional industries organization in the country to implement virtual reality training. The training for UCI Staff (supervisors, etc.) is scheduled in October and inmate workers will start safety training in November. It will roll out from there. For more information on UCI see <https://uci.utah.gov/> .

Clinical Services Bureau. Steve Turley presented an update on fixing the migration that resulted in corrupted data. He said a total of 40 Dept. of Health and Human Services employees in nursing and pharmacy assisted in rebuilding the records and getting things up and running online. They worked through weekends and even through the Labor Day weekend to catch up everything in the records system. DHHS assisted until September 9th. Fusion staff continues to work on site and continues to troubleshoot and repair inconsistencies and problems.

It is believed that prescriptions are now back in the system and dispensing them “back to normal.” They are now looking at some of the prescriptions that are KOP and revising the way they manage them so that they are controlled more effectively and refilled in a more timely manner. There will be some adjustments and challenges but everyone’s prescribed medication should be back in their medical record. Hopefully the pharmacy is stocked.

Turley said he knows this has been extremely difficult for incarcerated people, families and advocates. He appreciates our patience and contribution in bringing concerns and patient names to them that needed immediate attention.

He said they “now will move forward in the ICR process.” I interpreted that to mean getting the ICR electronic system implemented. That will take a while. He said the tablet ICRS are still not operational.

In the future – UDC medical is working to get laptops commissioned and programmed so they can be used at pill line for med techs or nurses or whomever is dispensing medications to enter it into the laptop at the time, rather than keeping a record of meds administered on paper to be input later. This should assist in tracking the medications for patients. UPAN hopes that this will also be helpful in tracking inventory and ordering so the stock is always at an acceptable level .

Colleen Guymon, the Deputy Director of Medical gave a sort of apology, saying this disruption in medical services and medications was “not in the plan,” they had “no

intention to disregard anyone.” She expressed her appreciation of patience of families and prisoners in this process, as well as the information that was provided by families, the willingness of inmates to put in ICRs and communicate, and information from advocates. She says they understand that this was “a very hard month, to say the least.”

New Mental Health administrator, Marcilene Brown, who has experience in the field should have started by the time this newsletter is distributed. UDC has gone a couple months without anyone in this position. UPAN has long had concerns about the serious lack of mental health therapists and individual attention to so many prisoners who could benefit from talking to someone to sort things out.

Re-Entry. Asst. Regional Director Eric Barker discussed on the challenges of Release Day at the new facility and thinks they have the glitches ironed out. Since release is held on the prison campus now, rather than at the Fred House Academy in Draper, UDC has to do background checks for all people coming onto the property. This means families are screened to go in for picking up their loved ones and also the providers at the release tables for the Release Day Resource Fair also have to go through background checks and be approved to go onto USCF property.

UDC has been without a Dietitian since July. They are advertising for one. There was some speculation by attendees that this could be the reason for the various skimpy meals, particularly in the cold trays and diabetic night boxes. In response to questions from PAG and UPAN, Dir. Guymon said that the average caloric intake in the meals is intended to be 2500 – 2700 per day. However, there was not discussion if these were nutritious calories or empty calories. One family member on the zoom said her brother works in kitchen cooking meals and the reports of a tray with one slice of bread with a scoop of tuna, a carrot and a few potato chips is different than what he is cooking. It was not discussed if there is a difference in caloric content and nutrition in the cold trays sent to max and to inmates unable to go to the chow halls versus the hot meals served in the chow halls.

“Intelligence is the ability to adapt to change.” Stephen Hawking, physicist, author

NewPath Foundation Guides People into Car Ownership

By Molly G. Prince, LCSW

Dennis Wynn presented on NewPath Foundation in the August UPAN meeting about the valuable service NewPath is offering to formerly incarcerated people and their families. Dennis is formerly incarcerated and was an original author of the Real Transition program.

Transportation access including car ownership. Dennis explained that Newpath was created to help,

support, and assist the most vulnerable people in our society access transportation. This can include car ownership. He discussed that those people with no credit or bad credit are the portion of society that suffers

the most by high interest rates and who are taken advantage of the most when purchasing a vehicle. The website states, “Everyday, those most vulnerable in our

society are taken advantage of in their car ownership. Their credit or financial situation forces them to buy overpriced cars with shockingly high interest rates. These two factors alone make it almost impossible to ever improve their car ownership possibilities.”

Education. NewPath provides educational programs that teach people how to buy the right car and how to make car ownership work for them, not the bank. Dennis stressed that the best way out of a difficult or bad situation is through education, in addition to support through mentorship from someone who can lead and help you achieve a better outcome.

The NewPath Education Program is a pathway to vehicle ownership. Having a reliable form of transportation is one of the most critical components for individuals to succeed and climb out of bad situations. However, usually those in difficult situations get taken advantage of when it comes to purchasing cars.

With little to no credit, many people are forced to go to car dealers who overcharge for the car and offer interest rates that make it nearly impossible to pay off. The result can wreak havoc on their personal finances.

The founders of NewPath Foundation have spent the last 30 years perfecting car ownership programs for situations just like this. The program teaches people how to:

- 1) Create and follow a financial budget.
- 2) Understand what kind of car they can afford and what their monthly payments should be.
- 3) How to understand car values based on the age of the car, the condition, and the mileage.
- 4) How to improve their personal credit so they can upgrade to a nicer car as soon as possible.
- 5) Ongoing support and guidance throughout their car ownership journey.

Car Ownership. The website states, “Buying and owning a car shouldn’t hurt so much.” It explains that buying a vehicle is one of the biggest purchase decisions in everyday life. NewPath understands that the stress of knowing if you chose the right car at a price that you can afford can be daunting.

Through its wholly-owned subsidiary NewPath Auto Group, LLC, NewPath helps its members buy, sell, or

trade their cars while keeping as much equity as possible. Through proprietary tech that they license, they are able to help members know on a month-to-month basis what the value of their car is. Having this information helps members know how long they should own that vehicle and when they should sell. This results in keeping as much equity as possible.

Finance Optimization. NewPath assists people learning about budgeting for a vehicle. The website explains, “If you don’t have a budget, you don’t know what kind of car or car payment you can afford. Too many people make hasty decisions based on looks or features and don’t realize the bottom-line financial impact that can have.”

Dennis Wynn explained that they spend time helping their members begin by creating a budget and then work into car ownership. He explained that they can help members with good credit to improve it. This results in reduced costs to finance a vehicle purchase. And if they have bad credit or no credit, they have a program which can help them repair and build credit over time. This way, as their credit improves, more affordable financing options become available.

The website states, “We educate our clients on financial responsibility and how to buy the right car, with the right mileage, for the right price. Within the first 12 months of owning that car, we continue to educate them and help them improve their credit so they can roll their car equity (that a dealer would usually try to keep), into a nicer car.”

This program is available to everyone needing assistance in budgeting and / or building credit so they can purchase a car. People that they have served so far include spouses of incarcerated persons, single parents, people rebuilding their lives, including people coming out of jail or prison.

Donations of vehicles are accepted. NewPath is a 501(c)3 Foundation (non-profit). If you have a car you would like to donate to this program, please email Dennis with the year, make, model, and mileage. Someone will respond to you. For more information or to apply, email Dennis at dennis@newpathfoundation.com or go to <https://www.newpathfoundation.com/>

“The art of life is a constant readjustment to our surroundings.” Kakuzo Okakura, scholar

Salt Lake City MAD Educates UPAN Families about Mosquitoes and Abatement

By Molly Prince, LCSW

Michele Rehbein, Ph.D. is the Education Specialist for the Salt Lake City Mosquito Abatement District (SLCMAD). She gave an easy to understand and informative presentation for UPAN’s September 12th

monthly Zoom meeting. Dr. Ary Faraji, Director of SLC MAD was also present.

Dr. Rehbein has her Ph.D. in Environmental Science. She shared a power point which began with explaining

that of the 3,500 different species of mosquitoes worldwide, Utah has only 50 of those species, while Salt Lake City is home to only 15 different species. She acknowledged that these arthropods are the world's deadliest animal.

Culex mosquito. She took us through the anatomy of the Culex mosquito, which is common in Utah. It is the females that feed only on blood, while the males feed on nectar. Females normally only blood feed once before they lay their eggs, then they die. In more rare instances, the female might blood feed on an infected bird and then feed a second time on a human, which is how they would transmit a virus, then lay their eggs and die. Mosquitoes have a 5 – 7 day life cycle from egg to adult. The eggs and larvae can survive in only 1 teaspoon of water, which is why it is important to not allow water to stand, as that becomes a breeding ground.

Diseases mosquitoes do and do not carry. Dr. Rehbein explained that contrary to popular opinion, mosquitoes are not like needles – they cannot carry every type of virus. Mosquitoes DO NOT CARRY STDs, HIV, COVID, TB, or Monkey Pox.

The mosquitoes found in SLC do NOT carry Zika, Dengue, Yellow Fever, or Malaria. However, the mosquitoes native to Salt Lake Valley CAN carry West Nile virus, St. Louis Encephalitis virus, and the Western Equine Encephalitis virus. As of this presentation, there has been only 1 confirmed human case of West Nile virus in Northern Utah.

Typically, those infected with West Nile virus do not feel sick. 1 in 5 people may develop a fever. 1 in 50 people develop encephalitis or meningitis.

Integrated Mosquito Management (IMM) is used for mosquito abatement in SLC and in the USCF area. There are four parts to IMM: physical, biological, chemical, and education.

Physical management includes getting rid of standing water to prevent a breeding ground.

Biological includes using larvicide which is a bacteria that kills larva, and using mosquito fish (for ornamental ponds only).

Chemical includes low impact fogging from a truck or an aerial spray for control of adult mosquitoes. Airplane spraying is done only over wetland or rural areas. There is ability to do drone surveillance and larvicide applications.

Education is all about teaching everyone involved about mosquitos and protection and mitigation efforts.

SLC MAD monitors the wetlands and has established monitoring around USCF property. This includes CO-2 traps which trap mosquitoes in nets to identify and count the numbers. Dr. Rehbein showed a graph of traps around the area which helps them know what types and intensity of abatement need to be done in each area.

SLC MAD's Recommendations to USCF :

1. Aerial adult control (adulticide). There have been some of these applications done already.
2. Low volume truck application for adults on the perimeter road, which has been done.
3. Aerial larvae control (larvicide)
4. Storm water catch basin with larval application which also has been done around the prison grounds. UDC is encouraged to inspect the moat regularly.
5. Mosquito traps – small ones in foyers of buildings and large ones around the prison and outside yards.
6. Barrier/residual applications, spraying structures and vegetation.
7. Vegetation and watering schedules to reduce standing water.
8. Xericaping will reduce the need for watering that results in standing water.
9. Insect repellent wipes for staff and incarcerated.
10. Education - this is happening with SLC MAD educating staff on mosquitos and best management practices.

Environmental preventions for everyone : Eliminate common mosquito sources around buildings including empty tree holes in trunks of trees, leaky hoses, open trash bins, bird baths, uncapped fence holes, clogged rain gutters, and even tire tracks that will hold water.

The presentation was opened up for questions, which were answered by Dr. Rehbein and Dr. Faraji.

The Environmental Protection Agency (EPA) and Centers for Disease Control (CDC) both have literature and fact sheets on mosquitoes are available online.

For more information please reach out to Dr. Rehbein at Michele@slcmad.org . They can be reached at service@slcmad.org or 801-355-9221 and are located at 2215 N 2200 W, SLC, UT

UPAN deeply appreciates the opportunity to have Dr. Rehbein give this informative and important educational presentation to our families!

***“Nothing is so painful to the human mind as a great and sudden change.”
Mary Shelley, (author of Frankenstein)***

Changes, Additions in UPAN Directors, Coordinators, and Teams

By Molly G. Prince, LCSW

UPAN has gone through some organizational changes in the past two months. Some folks have moved on, another has returned, and new people have joined UPAN leadership and teams. The growth has been primarily due to a significant increase in prison issues coming to our attention. UPAN remains an all-volunteer, grass roots, non-profit organization. This article is to update on who is part of UPAN's leadership, both old and new.

Wishing the Rogers' well in their new pursuits. We wish to acknowledge the years of dedicated work by Audrae Rogers, who has been the Holiday Card Contest administrator and Holiday Card Coordinator for the past 6 years. She is retiring from this position and will pursue other interests. Her husband, Ernie Rogers is no longer in the position of Director of Board of Pardons & Parole Issues. He is focusing on specific issues with his own organization called the Court Integrity Unit of Utah County.

Chris Moon has returned as a Director and Secretary for UPAN. Chris was one of the original three women who founded UPAN in 2013. The three who incorporated UPAN were Molly Prince, Chris Moon, and Heather Fabian. We all had loved ones incarcerated in USP at that time. Chris left in 2014 to pursue a career as a flight attendant. She returned to Utah during the pandemic and became more involved with UPAN again. She resumed her role in UPAN leadership this summer. Chris has jumped in and coordinated a significant amount of UPAN's participation events and meetings with other organizations including the People Not Prisons Vigil held September 6th, and meeting with Rocky Anderson and other groups about criminal justice issues. She has been helping with researching burials that may still be present at the Draper prison site. She is an administrator and moderator of the UPAN Facebook Family Group, which is almost a fulltime job.

Kelly Bingham took the position of Director of Educational Opportunity in May, 2022 and is researching and coordinating with Dr. Sam Arungwa at Utah State University who is in Sociology and Anthropology with a focus on Criminal Justice. Kelly and Dr. Arungwa both have a deep interest in getting higher education and college courses for credit toward degrees back into Utah's prisons.

Karen Thompson has taken the new position of Director of Special Projects for UPAN. She has been instrumental in connecting the director of Salt Lake Mosquito Abatement District with UDC officials to work on a plan to reduce the mosquito population on the USCF campus. Karen, partnered with Molly Prince, has worked to get permission from Utah Division of Facilities and Construction Management for faith leaders associated with the Salt Lake Interfaith Roundtable to

have access to perform prayers, blessings, and cleansings around the various housing units at the old USP Draper site. The date that will be performed is TBA.

Wendy Parmley, RN has moved into a position of Director of Medical and Mental Health Policy Issues, rather than working directly with families of incarcerated persons needing advocacy for medical attention. She continues to advise the newly formed Medical Team.

UPAN's Medical Team formed at the beginning of August when it became evident that the significantly increased volume of contacts from families and incarcerated were too large for Wendy to handle with only Molly as support and back up. Since UPAN is all-volunteer, we truly have to do this work around our other responsibilities, jobs, families, and incarcerated loved one. This required that a Medical Team be created. The Team communicates regularly throughout the day. Whoever is able steps in when others are not available. The members of the Med Team are:

Marsha, who is a semi-retired health educator, monitors the UPAN Family Group Facebook posts and reaches out to help family members understand the processes that UDC requires for inmates to access medical care. She educates family members on when is the best time to email UPAN Med Team with their concerns for further advocacy. She also triages emails and Facebook posts that appear to be more severe and forwards those of the most concern to the medical team. She offers information necessary for the Med Team to do its job.

Virginia, is a retired Nurse Practitioner with over 30 years of nursing and health care experience. Virginia reviews the reports of serious medical problems such as failure of medication administration or need for medical follow up, to UDC once the inmate and family have accomplished what is required by UDC and it has still not occurred. Virginia also follows up with family and asks that they keep the Med Team posted of progress, lack of progress, or success in their loved one receiving the necessary care. Virginia is the primary UPAN director who emails UDC about specific medical problems that have not received adequate or satisfactory treatment or resolution through the efforts of the inmate and family efforts.

Lana is an organizational administrator who is assisting this team in gathering information and bringing concerns to the attention to the rest of the Med Team. She also is developing a data base for UPAN to use to categorize and record medical issues and after that is accomplished, the many other problems.

Molly is a co-founder of UPAN and a Director who is involved in a variety of issues and concerns. Molly

backs up Virginia in reaching out to the appropriate person in UDC about medical issues that need immediate attention. Molly is also a mental / behavioral health therapist and steps in to advocate for those individuals who were taken off their psychotropic medications abruptly without appropriately titrating down, which not only is uncomfortable for the patient, but can, in certain cases and conditions, cause other medical and mental health problems.

Wendy is the new Director of Medical and Mental Health Policy for UPAN. She continues to consult with and contribute her knowledge and expertise to the Med Team as needed.

Chris helps monitor the Facebook Family Group and backs this Med Team up in an effort to not miss something.

Deon Corkins continues to manage the volunteers who print and mail in newsletters to inmates who have no one in the community to do so. She also picks up the mail from UPAN's PO box and sorts it and forwards to the appropriate person to handle and process it.

An Bradshaw continues as our Volunteer Coordinator. She is also sometimes involved in scheduling guest speakers for meetings. She also works on other projects as they arise.

Shane Severson continues to be the Director of Communications for UPAN. He sends out the announcements and facilitates our monthly director meetings and UPAN meetings on Zoom. He coordinates with guest speakers for their technology needs for these Zoom meetings. He coordinates with the Communication directors of our partners, including the ACLU and other organizations for when we do partnered events. He gets the monthly newsletter posted on our Facebook. He does his best to update the Website. He does every

single thing related to online presence, online security, keeping our leadership team connected through electronic means. He fields requests from news media and writes press releases or informational documents related to UPAN or the issues we are involved in.

Molly Prince, LCSW has been hands-on and involved in every facet of UPAN since its inception in July 2013 when we had our first meeting in the group room of her clinical practice. Molly attends meetings with the Administrative Director of the Board of Pardons & Parole. She writes the majority of articles in the monthly UPAN newsletters. She works closely with Warren on the publication of the newsletter. She takes responsibility for getting the newsletter emailed out, even if it has typos in it [a rare occurrence! Ed.]. She appreciates the growth and expansion of UPAN and all of the families and volunteers who do their part to support those incarcerated in Utah's prisons.

Warren Rosenbaum is UPAN's Newsletter Editor and has been since June 2014 when we put out our first edition. He depends on Molly and her approval for all the articles each month. He reviews them for clarity, proper grammar for reading ease and understanding, and as a former USGAO Investigative Auditor, the assurance of accuracy. He sometimes manages to cram over 8,300 words into 10 pages so the newsletter can be printed front and back for 5 printed pages to mail with one Forever stamp on the envelope. He finds jokes to include in the newsletter to bring smiles to reader's faces and some profound quotations for guidance and wisdom. He writes a poem of hope and/or personal development for each December (Christmas) issue and occasionally writes opinion articles while trying to keep current an index of articles from the newsletter. [Currently, the index updating is woefully behind. At age 88, I just can't get everything done, including my personal historical-subjects poetry writing, in a 24-hour day. Ed.]

Couple of Smiles and Maybe a Laugh I ate my usual donut without sprinkles. Diets are difficult -- What was a more useful invention than the first telephone? The second telephone -- It didn't take a lot of creativity to name the mailbox -- Two Eskimos sitting in a kayak were chilly, so they lit a fire in the craft. Unsurprisingly it sank, proving once again that you can't have your kayak and heat it too.

Tolerating frustrations and challenges makes you stronger. Getting stronger is cool. You are cool! Ed.

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Utah Prisoner Advocate Network Contact Info

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“Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has.” Margaret Mead

UPAN leadership, volunteers, and families have been “all hands on deck” doing our best to advocate!