



UPAN Newsletter Volume 10 Number 7 | **JULY 2023**
“Empowerment and Growth Through Knowledge and Unity”

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UPAN 10th Anniversary – New DOC Executive Director – Bill to Expand SO Reg - PSCE (Education) Progress Report – New UDC PIO Specialist for Families – *Dell-Emerald Topics* D-E Fun Time – Past UDC Exec Directors – Hope as We Age

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Next Meeting: Monday, August 14, 2023 6:30 pm - 8:30 pm on Zoom. Guest Speaker: Dr. Sam Arungwa on his pilot program and no cost college programs in jails (see article in this newsletter). *No meeting is held in July.*
Meeting Location: Virtual Zoom Meeting – link <https://bit.ly/3vqQjiA> Meetings are FREE and open to the public.
Following Monthly Meeting: Monday, September 11, 2023 on Zoom. Guest Speaker: To be announced.

UPAN continues virtual meetings. Also available on UPAN Facebook Live and on Facebook page afterwards. Use link above or visit UPAN website for link (p. 10), or Utah Prisoner Advocate Facebook Page for link to current monthly meeting. Free to public.

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Disclaimer: Formulate your own opinions about the information presented. This information is presented for the reader’s enlightenment and evaluation.

“The miracle is not that we do this work, but that we are happy to do it.” Mother Teresa

Happy 10th Anniversary, UPAN!
by co-founder Molly Prince, LCSW

July 29, 2023 marks 10 years since we had our first gathering of family members of incarcerated individuals in the group room of my clinical office. My intention was to form a family support group for those on this prison journey. It is amazing how the time has flown by. It continues to be rewarding to review the various accomplishments the families of prisoners and former inmates that make up UPAN have made related to Utah’s criminal justice system. I am going to indulge in a walk down memory lane and also share our current status.

The Prison Family. Prison visiting brings a variety of people from diverse backgrounds together. By 2013, my husband and I had been visiting our incarcerated loved one on a regular basis for about seven years. The challenges and frustrations, as well as the joys, became common discussion while waiting to visit with other families and friends of prisoners.

During 2013, while visiting the maximum allowable visits per month, several of us got to know each other very well while confined to the small USP Draper Oquirrh

waiting area - sometimes for up to an hour before we were allowed to proceed. We helped new visitors understand the nuances of how to achieve a successful visit in Draper. We shared our frustrations with each other about everything from the archaic visiting rules that were still in place at that time to ongoing problems with the inmate phone service, to cost of commissary and lack of nutrition in meals, to challenges with the medical and mental health service. Today these are still the same frustrations and concerns!

A few of us exchanged phone numbers and email addresses. We became what I considered a "prison family." We would not see each other at any other time besides before or after visiting, but we developed acquaintances and alliances that helped get us through the often overwhelming and discouraging prison journey that families travel with their loved ones.

The History. By 2013, my late husband, Lacey Harris, and I had been attending the FOCUS meetings for several years. FOCUS was hosted by the UDC for families and community members interested in what was happening in the prison system. I encouraged others in visiting to attend the FOCUS meetings. But DOC was inconsistent about posting FOCUS meeting notices in the visiting waiting areas of all the housing facilities to inform families of when they were held. Some families would show up to these meetings and share their questions, concerns and frustrations. At one meeting which became particularly emotional, it became evident that Utah prison families needed another outlet to come together and share their fears and frustrations while also working to change and improve the system for our incarcerated loved ones.

After a lot of consideration, prayer, and discussion with my husband, I decided to hold what I called a prison family support group in the group room at my clinical office. I shared this with others in visiting who expressed support for that idea.

At that time, Brooke Adams was still a reporter for the Salt Lake Tribune. She reported on criminal justice issues and I had met her at the FOCUS meetings where I was vocal about concerns I had with the prison. I told Brooke that we were going to start a support group for people with incarcerated family members. She was very encouraging, as I was a bit concerned that as a visitor and family member it could have negative ramifications for our incarcerated loved one. She put a short article in the Tribune about our endeavor. Brooke was very supportive of this group and attended several of our meetings once we got them up and running, before she became the Public Information Officer for UDC and later moved on to another stage of her career.

The First Meeting of what would evolve into UPAN was attended by 25 people and we did not have enough chairs for us all to fit in my office group room. During that meeting we handed out surveys of the areas that

the attendees thought were the most pressing that they wanted to focus on. We collected email addresses and phone numbers to start our email list. An incarcerated man's father, who had previously worked for the DOC, suggested we should start out by having a meeting with the newly appointed Executive Director of UDC, Rollin Cook. He pointed to myself, Tanja Schaefer, Heather Fabian, and Chris Moon, and said we four should be the ones to meet with Dir. Cook. So we did. We formed a working relationship with Dir. Cook.

We had monthly meetings in various libraries around the valley. Our first Secretary, Heather Fabian, was instrumental in getting our monthly meetings scheduled and notices sent out. Within about two months, this group had grown from merely a family support group to a group of people dedicated to advocating for our loved ones and making serious changes in Utah's criminal justice system. The original four women who met with Dir. Cook came up with the name Utah Prisoner Advocate Network (UPAN). In October 2013 UPAN incorporated as a non-profit in Utah.

Guest Speakers. We continued to have monthly family meetings. UPAN progressed to inviting various guest speakers, starting with an attorney presenting on the Board of Pardons and Parole in a two-part series. Over the past decade we have had so many guest speakers we cannot list them all in this article, but they have included representatives of various government agencies and private organizations advocating for or providing services for prisoners and parolees; representatives from the ACLU, UDC, BOPP, U of U, SLCC, Journey of Hope, Fresh Start Ventures and other agencies. The Legislative Auditors have presented on the BOPP audit, the SOTP audit, and the 2021 Medical Audit. Other speakers include volunteers who have worked in our prisons; formerly incarcerated people; attorneys on a variety of topics; and many more. We have had presentations from our own ranks of directors and volunteers. We always have a variety of updates on a selection of topics from UPAN directors. UPAN has also worked to make sure we have family meetings in which our attendees can ask questions, share answers, concerns, and get acquainted.

By 2017 we were invited to use the Kafeneio Coffee House as a permanent home for our meetings. We are forever grateful to Pam Day and her family for offering us a safe place to meet that had the added benefits of being able to purchase sandwiches for dinner and coffee or tea drinks to keep us going! Unfortunately, this wonderful café closed during COVID and has not reopened.

Current meetings moved to Zoom a few months into the pandemic and have remained there so that we can reach families across the country. We did have one in-person meeting in June 2023 to celebrate our 10th anniversary and see each other in person.

Facebook Family Group. Also in the past few years, UPAN started its public Facebook Group as well as its private Family Facebook Group which has helped us connect with each other even more and provide support for families of Utah's prisoners who live all over the country.

Learning to advocate. Families learned how to contact UDC with concerns to advocate for their loved ones. Over the past several years, UDC became inconsistent with holding the community FOCUS meetings. So we learned who to contact in via email and phone calls to compensate for the loss of the FOCUS meetings. Steve Turley (now retired) chaired the FOCUS meetings when he was DPO listened to us and was instrumental in getting the first version of the Verbal Authorization to Share Medical Information implemented. Since then, Steve Gehrke was instrumental in getting the duration of it updated for easier access and use. UPAN's Shane Severson was also the one who recommended UDC create a Family Medical Phone Line to PIO Kaitlin Felsted for families to call about the status of their loved one's health. Kaitlin was able to get that implemented and it was very helpful during the pandemic.

UPAN has held four "Meet your Legislator" meetings in which all legislators were invited to come and UPAN families spoke about the challenges and concerns they would like addressed by lawmakers, the last being in 2019.

UPAN families learned how to write and talk to our elected officials when we could not achieve change otherwise. UPAN families contributed to sharing information and getting the 2016 Board of Pardons & Parole Legislative Audit ordered. Since then, families have kept their legislators informed on prison issues, resulting in a legislative audit of the prison Sex Offense Treatment Program several years ago. More recently, two Audits of Healthcare in Utah's prisons have been completed which led to the State having the Dept. of Health & Human Services oversee the delivery of medical services in Utah's prisons.

Growing Over the Years. UPAN's directors are the backbone of UPAN. We started out with basically three directors and have had as many as 13 at one point. We still need more.

Since UPAN is ALL VOLUNTEER and not funded, and the problems related to our prison system are vast, we have created a system of volunteer directors over specific areas.

Current Directors.

An Bradshaw - Director of Volunteers and Event Coordinator (An coordinates with guest speakers for the meetings and with Shane, etc.)

Chris Moon - one of the UPAN Co-Founders and current Secretary. Chris is also a Family Facebook Group Administrator

Devin Prisbrey - Director of Visiting Issues. Devin also deals with some of the phone and other safety / security issues and updates through the Facebook Family Group.

Deon Corkins - UPAN Newsletter Coordinator - meaning managing all the volunteers who print out and mail in newsletters to inmates who are without family to do so; Mail person - getting the mail from the PO Box, triaging it and scanning and sending to appropriate directors to respond to, dealing with returned mail, etc. Deon also is a Family Facebook Group Moderator

Faye Jenkins - Director of Sex Offense Issues, works behind the scenes on a variety of issues in this area.

Heidi Kubbe - Director of Board of Pardons & Parole Issues; Commissary Issues; and recently gathering information from Union Supply on the gift packages.

Karen Thompson - Director of Special Projects (mosquitoes and other unforeseen issues that arise.)

Kelly Bingham - Director of Educational Opportunity Issues (currently on a committee with UDC related to Pell Grants).

Marsha - On the Med Team as Health Educator - Marsha helps to guide people on Facebook Family Group on the steps to advocate for their loved ones.

Shane Severson - Director of Communications / Social Media / IT, Zoom, Google Chat.... Facebook Family Group Admin, anything technical (and he has been here for almost 10 years that UPAN has been in existence).

Virginia Robertson - Director of Med Team, Nurse Practitioner, retired and primary person who contacts UDC about medical concerns when inmate and family efforts have failed

Maureen Parker - Nurse Practitioner. Our newest member of the Med Team, helping Virginia.

Warren Rosenbaum - Newsletter Editor for 9 full years and counting!

Molly Prince - Co-Founder and person who attempts to field everything that does not fit the above categories; attends stakeholders and other meetings with UDC, and is part of the Med Team.

Directors Needed. We need a Director of Women's Issues; Director of LGBTQIA+ issues; Director of Dietary/Nutrition; Director of Phone Issues; Director of Substance Use Treatment Issues, and others.

UPAN continues to need a Director of IPP Issues. This can be whatever the qualified volunteer wants to make it. With UDC contracted with about 20 Utah County Jails that each has their own rules. The Inmate Placement Program needs an advocate (or two or three, Ed.) to deal with jail issues for state inmates.

The basic qualifications for directors are a desire to advocate to improve the conditions for incarcerated in Utah; willingness to learn some basic approaches that UPAN uses in working to solve problems with UDC; willingness to learn the processes UDC requires in order for us to communicate and advocate; ability to communicate well in writing (emails) as well as verbally - this includes being respectful while being clear and

assertive; willingness to be a team player and keep UPAN leadership informed of what they are doing; ask questions when in doubt; willingness to process with UPAN leadership the strong emotions that arise doing this work, particularly frustration and feeling discounted or unheard; have time to devote to this volunteer work every week (depending on the area, some are more busy than others); must be a self-starter.

Please email us at utahprisoneradvocate@gmail.com if you would like to volunteer for any of these positions. You may also reach out to An at an.bradshaw@utahprisoneradvocate.org

UPAN is always in need of Newsletter Volunteers. These are wonderful, generous, dedicated souls who print out and mail in newsletters to incarcerated folks who do not have family or friends in the community to do so for them.

Contact deon.corkins@utahprisoneradvocate.org

Appreciation for Prisoners. We appreciate the input and information that we receive from incarcerated individuals about what is happening in our prisons. Sometimes we receive positive information about certain staff or programs that are making a positive difference. We share this with UDC administration, as we like to acknowledge those who are doing a good job!

More often, we hear from prisoners when things are going wrong, especially related to medical concerns and safety and security issues. These letters are sorted and forwarded to the appropriate UPAN director for follow-up. Please know that we cannot always respond individually to every letter we receive, as we are all-volunteer, doing this around our jobs, our families and

community responsibilities, and our justice involved loved ones. Also know that these are all read and we contact appropriate UDC officials when we have enough information for them to look into a problem.

We need specifics to provide UDC, as they cannot research or investigate something that is a generality. An example of not being able to get help on something is when we hear that people are not receiving their mail, but we do not have anything specific like housing units and time frames, or names of recipients, etc., so we are told that all mail coming into the facility is being delivered.

Deep Gratitude

I look back at the past decade and am amazed at the progress that UPAN has made with the input and information provided by our families, inmates, parolees, other grassroot and advocacy organizations, and volunteers interested in improving our prisons and criminal justice system.

UPAN is growing exponentially these days and every person involved here is deeply appreciated!!!

On behalf of the UPAN directors and the many families and inmates who benefit from the work UPAN does, I want to thank everyone who has contributed in any manner to UPAN's cause. Those who have shared information with us, contributed financially, talked to or written their elected representatives and senators, helped us advocate by simply talking to their friends and neighbors about the issues we face, spoken at our meetings or at rallies, contributed articles for consideration for publication, and taken on a cause that is close to their heart. **Happy Anniversary, UPAN!**

***"I would ask you to question who's at the table and who's not at the table and to think about those voices that aren't represented when you're making decisions."* James Halliday**

Brian Redd, UDC's New Executive Director Connects with Advocates

by Molly Prince, LCSW

On May 5, 2023 Gov. Spencer Cox announced his appointment of Brian Redd to the position of executive director of the Utah Department of Corrections. This was only a few days after the announcement of the retirement of Brian Nielson who had been in that position for about 2 years and 5 months.

UPAN Directors were caught by surprise at the quick announcement and some of us were initially skeptical about the Governor choosing a replacement so quickly. We had little information on Mr. Redd's background and knew nothing of his beliefs and values related to incarcerated and disenfranchised people. However, we soon learned a variety of positive qualities about Brian Redd that has been reassuring to date. **Redd reached out to advocacy groups.** One of the first encouraging things was that within days of his appointment, Director Redd reached out and spoke with

UPAN leadership prior to actually starting his position on May 15, 2023. I had the opportunity to talk with Mr. Redd and discuss several of the most pressing concerns UPAN has.

These include (but are not limited to):

- Emotional, mental, and physical health of both incarcerated people and correctional staff.
- Medical issues (a long list). Hopefully this will improve as DHHS continues the process of taking over the administrative oversight of CHS. Our concerns include the need for more mental health therapists, dentists, optometrists, nurses, and doctors who are dedicated to the health and well-being of incarcerated patients. It also includes the need for a culture change in the provision of these services – basically, a change in certain beliefs and attitudes toward incarcerated patients by many staff at all levels of care in general. UPAN

acknowledged to Dir. Redd that there are also many staff that do care about people in the care and custody of UDC.

- The need for a legitimate hospice and long term care program that includes trained inmate orderlies. UPAN has been asking for this for many years.
- Mosquito management and providing repellent free of charge to all prisoners.
- Safety and security for all incarcerated and staff. This involves enough POST trained staff to cover all shifts with consistent and sufficient staff training.
- Continuing or expanding all educational opportunities and limiting housing moves that interrupt schooling or programming, as well as offering computer literacy to all incarcerated people no matter when their anticipated release date might be.
- Nutritional concerns including quality of meals, timing of meals, and adequate time to eat meals for some units.
- Phone issues including not enough phones for each housing unit, non-working phones, and certain groups controlling who uses the phones.

Another request that has been shared with Dir. Gehrke and Redd recently that would go a long way in increasing morale and improving connection between prisoners and families, is a Picture Program that could be instituted to allow inmates to purchase photos to be taken of them to send out to their families. In June, Dir. Redd informed me that they are looking into this and the other concerns we have presented.

Building bridges and increasing communication. Brian Redd is bringing an atmosphere of welcoming input from advocacy groups and more transparency to this administration. He told me in our online meeting in May that he wants to meet and build bridges and stay aware of the problems we see in the correctional system.

In July, the quarterly meetings between UDC executive leadership and advocacy groups that was suspended several years ago will resume. Currently, representatives from UPAN, the ACLU of Utah, the Disability Law Center (DLC) and Prisoner Advocate Group (PAG) are invited to these meetings. This is encouraging as UPAN hopes to create positive working relationships between advocates and Corrections that can result in significant, long-term improvements in the reality of how our prisons are run.

Redd jumped into the duties of his position. It was encouraging to learn that on his first day on the job, Dir. Redd arranged for tours of both prisons that have since occurred. The third day on the job he was up at the legislature listening to the presentation of *An In-Depth Follow-Up of Healthcare in State Prisons* by the Legislative Auditors. Even though he was not the executive director when the 2021 and 2023 Medical Audits took place, Dir. Redd committed to being part of

the solution to meet the recommendations which will improve prison Medical in a timely manner.

On the first Friday of his new position, Dir. Redd attended a listening session sponsored by DHHS and UDC to listen to concerns and answer questions related to the current problems with the delivery of healthcare in Utah's prisons. He has responded quickly to a couple of the issues raised.

By mid-June, his team had attended a meeting to follow up on a concern UPAN expressed about how UDC and U of U Medical Center are handling notification of families and arranging for family visits and input when an incarcerated patient is there in a coma, or experiencing a serious long term medical condition, or at the end of life. This has been an ongoing issue that other administrators have not addressed adequately.

Past experience. According to Governor Cox, Brian Redd brings significant experience from his years in management, logistics, security, and law enforcement.

For the past two years, Redd has been vice president and manager in the Compliance Division of Goldman Sachs, overseeing the PWM U.S. Surveillance Team and involved with the Firmwide Insider Threat Team.

Prior to that, he served for 21 years in the Utah Department of Public Safety, working up through the ranks from Trooper to Agent, Sergeant, Lieutenant, Captain, and Chief Special Agent. During his service, Redd served as director of the State Bureau of Investigation (SBI) and the Statewide Information and Analysis Center (SIAC).

In addition to his public service, he's also served as a board member of Volunteers of America Utah, Solutions Utah, International Association of Chiefs of Police Committee on Terrorism, Utah Alcoholic Beverage Control Advisory Board, Utah Refugee Board of Advisors, Utah Crime Victims Council among others. Redd has a bachelor's degree in business administration and an Executive MPA from Brigham Young University.

While UPAN is primarily focused on issues related to incarceration in Utah's prisons and attempts to focus on the Inmate Placement Program for state inmates housed in various county jails throughout the state, we want to remember that UDC also covers Adult Probation & Parole throughout Utah, as well as all community correctional centers in the state. The Director's job is a far-reaching one.

UPAN hopes that Redd's diverse experience and his caring about dis-enfranchised groups of people will bring a fresh perspective to learning about and tackling the problems within the Department.

"Each of us is more than the worst thing we've ever done." attorney Bryan Stevenson

**Proposed Bill To Expand Access of Private Information
to Public on Sex Offender Registry in Utah**

by Faye Jenkins & Molly Prince LCSW

There is a bill in process for the 2024 legislative session sponsored by Senator Wilson that would allow the phone numbers and internet identifiers of registrants on Utah's Sex Offender Registry to become searchable to the public. As it stands, only part of the information on this registry is open and available to the public, such as names, aliases, residence addresses.

Intent. This bill is coming from Internet Crimes Against Children (ICAC) and the Utah Attorney General's office. The intent seems to be their idea that they can empower parents by letting them search the phone numbers and internet identifiers of the people their kids are communicating with. This creates a false sense of security with parents, because most people illegally communicating with kids have not been convicted of a sex crime yet. Those that are on the registry will probably not use the same internet identifier they register with the police.

According to Dan Burton in a Salt Lake Tribune article dated June 16, 2023, someone would be able to search a phone number or internet identifier (screen name) and find out if it is linked to someone on Utah's Sex Offender Registry. It would not provide the name of the registrant,

but it would open up the possibility of the public being able to use reverse directories to identify the name of the registrant. This could open up problems for people who end up with phone numbers previously associated with someone on the registry.

This bill increases the risk of registrants' private information being misused while doing very little to stop crime. Faye Jenkins, UPAN's Director of Sex Offense Issues, has suggested that the legislature needs to realize the sex offender registry is a failed social experiment and the hundreds of thousands of dollars spent maintaining this database could be better used helping victims and offenders access quality treatment.

Utah District Judge ruled public sharing of private identifiers unconstitutional. The current legislature doesn't seem to know that Utah's legislature 15 years ago intentionally made this information unavailable to the public when a Utah District Judge said it is unconstitutional to share private internet identifiers with the public because it infringes on a person's protected right to anonymous online communication. We are not sure what the dominant court opinion on this subject is now. Nineteen other states have made this information available to the public.

“Stay away from negative people. They have problems for every solution.” Albert Einstein

**Post Secondary Correctional Education (PSCE) Pilot Project Report
San Juan County, Utah Jail/Prison**

By Dr. Sam Arungwa, January 2023 Sam.Arungwa@usu.edu

Editor's Note: The following is a summary of a Pilot Project organized and overseen by Dr. Sam Arungwa. Dr. Arungwa (also known as Dr. Sam) is Assistant Professor & Extension Specialist in the Department of Sociology and Anthropology at Utah State University. He is the founder and Director of Utah Prevention Science (UPSc) Institute.

Dr. Sam is a crime prevention scientist who is passionate about finding ways to offer no cost college education to incarcerated people in Utah. He has a creative vision of ways to cut through the red tape that delays higher education in prisons and jails due to the need for funding for textbooks, supplies, and teachers. This pilot project is demonstrating it can be achieved in the reality of Utah's jails. The following is his summary of the Postsecondary Correctional Education (PSCE) pilot project in San Juan County, Utah Jail.

Since this report was written, Dr. Sam has met with the Utah Sheriffs Association (USA) and the Utah Higher Education Correctional Council (HECC) as a group. He is following up with several Utah jails that are interested in his unique and workable program to provide all

inmates a college education, starting this summer 2023. Dr. Sam will be presenting at UPAN's August monthly meeting.

Executive Summary This Post Secondary Correctional Education (PSCE) pilot project was conducted through Utah State University (USU) Prevention Science Extension. The location was in the San Juan County, Utah Jail/Prison. The pilot goal was to leverage available non-monetary surplus resources to provide higher education and higher income workforce training to the workers and inmates at the correctional facilities.

This is a response to three decades of lack of public funding for PSCE by policy makers. We conducted a needs assessment, developed a curriculum, secured funding & instructors, and developed partnerships with universities. We also obtained necessary resources, established program policies, recruited students, while providing support services. We evaluated program effectiveness, sustainability, ensured compliance with regulations, and established program visibility.

PSCE Pilot Research Questions Considered:

A. Are there “surplus resources” to support PSCE? Yes, a proven reserve of surplus land, labor, and capital assets can support PSCE in Utah.

B. Can we measure and mobilize surplus resources? Yes, surplus resources - land, labor, and capital can be easily measured and mobilized in Utah.

C. Do policy makers have the willingness to support (WITS) for PSCE? Yes, most policy makers are very willing to support PSCE in Utah.

Processes Involved:

1. *Conduct a needs assessment:* Conducted a needs assessment to determine the education and training needs of the inmate population in Utah prisons.

2. *Develop a curriculum:* Developed a curriculum that meets the needs of the inmate population and is tailored to the Utah job market. We focused on classes, credit courses, certificates and degrees (C3D4) that already have open education resources (OER) and zero textbook costs (Z-degrees).

3. *Identify funding sources:* Identified and secured funding sources for postsecondary correctional education (PSCE). This includes public/private grants and other surplus resources from the communities and universities (CommUs).

4. *Hired qualified instructors:* Conducted willingness to support (WITS) survey to identify pro-bono professionals/ professors to teach classes.

5. *Develop partnerships:* Developed partnerships with several CommUs. They included San Juan County Sheriff’s Department, San Juan Prevention Action Coalition (SJPAC), Department of Workforce, Utah State University, Blanding, the Church of Jesus Christ of Latter Day Saints (Blanding Stake), San Juan School District, Prevention Science Corporation

6. *Obtain necessary resources:* This includes:
a. Conducted a WITS for land, labor, and capital
b. Mobilized labor - volunteer professors and professionals (pro-bono profs) and university teaching and research assistants (UTARA)
c. Mobilized capital - hardware (laptops, desktops, tablets, smartphones, accessories, replacement batteries, monitors, and parts) and software (Google Neverware and Google Drive, Microsoft productivity suite)

7. *Establish program policies and procedures:* This includes admission criteria, course requirements, grading policies, disciplinary procedures and syllabus.

8. *Recruit and enroll students.* Target 100% of all adult incarcerated students and correctional employees. Leverage empty seat scholarships.

9. *Provide support services.* Provide support services to students, such as tutoring, teaching assistant (TA), research assistant (RA), academic advising, supplemental instruction (SI), counseling, and career services.

10. *Evaluate program effectiveness.* Utilized the comprehensive model that includes registration, engagement, graduation, employment, and retention (REGGER).

11. *Develop a sustainability plan:* A plan to ensure the program can continue to operate over a lifetime, including identifying ongoing funding sources and partnerships.

12. *Ensure compliance with regulations.*

13. *Establish program visibility.* Engage wider community to promote the value of PSCE.

Why is this PSCE Project Unique?

A. **Surplus Resources:** We relied on “surplus resources” in every community and university (CommU). These surplus resources include land, labor, and capital that can easily be measured and mobilized to support PSCE. Other similar programs rely mostly on tax dollars which are “scarce resources”.

B. **Crime Prevention Science:** This project focused on replicating PSCE which is an evidence-based program (Crime Solutions, 2023). Majority of existing PSCE projects utilize tradition-based programs.

C. **Surplus Seats Scholarships:** We leverage our turn-key system to measure and mobilize “surplus seats” statewide. This allowed us to extend access to PSCE to 100% of both the inmates, correctional employees, and other stakeholders.

D. **Open Education Resources:** Our model prioritized the development of open education resources (OER) which are free and high-quality textbooks.

E. **UTARA Jobs:** This pilot prioritized the creation of University Teaching and Research Activity (UTARA). This will guarantee a lifetime gainful employment for all incarcerated people.

Next Steps: We are sharing this report with every chief elected official and university presidency in Utah. We hope that all of Utah’s 29 counties will adopt this PSCE pilot by summer 2023. Dr. Sam has pledged to provide all the necessary consultation and training needed to facilitate this pilot statewide. This unique “surplus” resource model can solve the “scarce” resource model that has plagued PSCE in Utah for decades. This has implications for statewide PSCE policy.

“A few people of integrity can go a long way.” Bill Kauth

“Don’t tell us all the reasons this might not work. Tell us all the ways it could work.” John Wood

Jade Watkin, Communications Specialist for UDC Constituent Services

By Molly Prince, LCSW

In May, Jade Watkin joined the Public Information Office (PIO) as a Communications Specialist who will focus primarily on constituent services, meaning she will be the contact for families and advocates who are reaching out on specific issues that impact incarcerated people, or with concerns or questions regarding specific inmates. This is a new position added to the PIO. To assure a smooth transition, she has spent the first several weeks working with Liam Truchard, with whom many family members have communicated in the past, as she settles into the position.

Jade holds a Bachelor's Degree from Utah Valley Univ.

She has worked in various positions within UDC including an Office Specialist for the ConQuest Program and an Agent Assistant for Adult Probation and Parole. Several of the UPAN directors have had opportunity to communicate with Jade about various issues. Our experience with Jade has been positive, and she does well as she fields our questions and relays answers from the various UDC divisions back to us. We realize she can only share the information with us that she is provided with by UDC administration. She demonstrates professionalism blended with a caring approach to her work. Families/advocates email her at jwatkin@utah.gov

Dell-Emerald Topics All topics in this newsletter are relevant to all genders, so there is no special news or articles for our Dell-Emerald group this month. Ed.

D-E Fun Time: Some additional entertainment **especially** for the **D-E group** (but just as **entertaining for all UPAN Newsletter readers**). Here are more **T-shirt sayings** (from Lilicloth) to smile over, laugh about, and maybe agree with. Lilicloth Says: *Accept what is, Let go of what was, Have faith in what will be* ~~ If things get better with age, then I'm approaching Magnificent! ~~ You think I'm sarcastic? You should hear what I don't say ~~ IF we are in a don't laugh situation, don't look over at me!!!"

A Bit of History: Previous & Current UDC Directors:

Compiled by Shane Severson

We thought it might be interesting to include a list of the previous Executive Directors of the Utah Dept. of Corrections up through today.

1. Fred F. Householder (1954-1963)
2. Leland H. Gines (1963-1965)
3. William E. Cornaby (1965-1969)
4. J. Richard Nielson (1969-1977)
5. William G. Archuletta (1977-1985)
6. Lane McCotter (1985-1992)
7. Gary R. DeLand (1992-1997)
8. Tom Patterson (1997-2003)
9. Oscar McConkie Jr. (2003)
10. Lane McCotter (2003-2004)
11. Gary R. DeLand (2004-2005)
12. Scott Crowther (2005-2013)
13. Rollin Cook (2013-2019)
14. Mike Haddon (2019-2021)
15. Brian Nielson (2021-2023)
16. Brian Redd (2023 – present)

Donate to UPAN through Smith's Inspiring Donations When You Shop – at No Cost to You!

Utah Prisoner Advocate Network is a 501(c)3 (non-profit) organization. UPAN does not have funding through grants or any sources other than donations from individuals in the community. We are all volunteers, do all of our work on our own time, around our jobs, family responsibilities, civic responsibilities, and attending to our incarcerated loved ones. UPAN uses any funds it receives for its online presence, website, online security and protection of email and social media, zoom meeting costs and protection, postage and copy costs when necessary, some equipment for directors who need scanners to do our jobs, and once in a while if we have in-person meetings at a location that charges rental fee.

One way to donate in a manner that does not cost you personally is to sign up for Smiths Inspiring Donations if you shop at Smith's Stores in Utah. Smith's is now owned by Kroger. Currently UPAN receives between \$30 and \$50 every quarter from individuals who have linked their Smiths Rewards Card to the Inspiring

Donations program.

Here is information from their website. Signing up is simple, especially if you already have a Smiths Rewards Card and have an online account for Smiths.

From the Inspiring Donations webpage: The Kroger Family of Companies is committed to community engagement, positive social impact, and charitable giving at the national and local levels. Every community is unique, but our common goal is to partner with the neighborhoods we serve and help the people there live healthier lives.

One of the ways in which we do this is through our Smith's Inspiring Donations. This program makes fundraising easy by donating to local organizations based on the shopping you do every day. Once you link your Card to an organization, all you do is shop at Smith's and swipe your Shopper's Card. Here's how it works:

1. Create a digital account. A digital account is needed to participate in Smith's Inspiring Donations. If you already have a digital account, simply link your Shopper's Card to your account so that all transactions apply toward the organization you choose. (If you have ever ordered groceries online and set up that account, that is your digital account).

2. Link your Card to an organization. Selecting the organization that you wish to support is as simple as updating the Smith's Inspiring Donations selection on your digital account:

- Sign in to your digital account.
- Search for your organization here.
- Enter the name or NPO number of the organization you wish to support.
- Select the appropriate organization from the list and click "Save".

Your selected organization will also display in the Smith's Inspiring Donations section of your account. If you need to review or revisit your organization, you can always do so under your Account details.

3. Your organization earns. Any transactions moving forward using the Shopper's Card number associated with your digital account will be applied to the program, at no added cost to you. Smith's Inspiring Donations will donate 0.5% of all eligible spending to organizations that customers have linked to their Rewards Card.

You can sign-up for Smith's Inspiring Donations at <https://www.smithsfoodanddrug.com/i/community/smiths-inspiring-donations>

If you have any questions, please contact Smith's Customer Service Center. Note, if you are a customer, make sure you have a preferred store selected to view participating organizations.

"I have found that among its other benefits, giving liberates the soul of the giver." Maya Angelou

Hope For a Better Future, and Age is Not a Deterrent

By Warren Rosenbaum (aka Ed.)

Hope for a better future is surely on the minds and ingrained in the souls of all incarcerated persons as well as the family members from whom they have been separated. However, a danger to that hope can settle in as people age and their enthusiasm for a satisfying future moderates or disappears as they reach age 50 or 60.

Speaking from experience of starting over, especially as I reached age 50, I abandoned my previous location and life, moved 170 miles to another city, and essentially started over, with a modest income to meet a few of my living expenses. Sound familiar? I hope so. I'm just an average guy, nothing special. I'm like everyone else. However, one feature I have possessed that seems to have eluded others is to participate in life. Too many people seem to stand on the sidelines and think "that's what other people do." In thinking that way, even if it's a subconscious mindset, that definition "what other people do" will block you from the future you deserve. Don't be an observer or spectator, be a participant. To make this simple, it's like going fishing, you can't catch any fish if you don't have a hook in the water.

I can explain that with two examples. First example, at **age 69**, I found an abandoned house in a low income, "not so popular" neighborhood. Using Fresno (CA) County property records I found the owner lived in Florida. Over the phone, I negotiated with the owner's son, was able to renovate the house over a 7-month period with him doing the financing, advertised it for sale and at **age 70**, made \$22,000. Anybody could have done what I did. But they didn't. Why? Sideline observers, no participants. "That's what other people do." Opportunity sitting there for several months, yet no one decided to do something about it. BTW, I netted the

owner a cool \$32,000 also. (For today's dollars, multiply both by 3.)

Second example, close to home, Molly starting UPAN. Read how, after about 7 years of essentially being on the sidelines as an observer, she and others became motivated and decided to be participants. They met as a group and before long, UPAN was born. Read her story and experiences in the lead article of this newsletter. If you've read it, read it again with new insight to further convince yourself to be a participant rather than an observer.

To be a participant, be confident in your abilities to do something or to learn how to do it (aka being "resourceful"). And be watchful for opportunities that pop up unexpectedly, that may be quite different than what you had in mind. No matter the subject, whether it's housing, employment, geographical location, health, friends, close companions, and on and on, even to household pets. Be confident that things will work out. You will likely be surprised at how other people will negotiate and work with you once you decide to become a participant. Also, be aware that some things are not for you. So don't try to do something that seems contrary to your interests or abilities. There will be other opportunities that are appealing. Don't ignore your own built-in interests or talents. Focus on trying to do something that you are interested in. As I write these things, I have specific memories to back up what I'm preaching. IOW, been there, done that!

A step toward being a participant, regardless of age, is to be expectant, meaning being confident that opportunities are out there to participate in and to be enjoyed. Possibly, with expectation in mind, you attract opportunities. You don't have to live "expectation" as a

constant companion, but just be aware and keep an open mind. Believe that these are NOT hollow words. You will more likely believe this if you have some examples to wonder at, marvel at, and remember (and therefore live by). Here are a few of MY personal experiences to help you keep this open-minded attitude alive and in your mind, especially if you're over 50. Remember, I'm not special, just a run-of-the-mill guy like everyone else, yourself included.

MONEY: Existing on a paycheck-to-paycheck job, I decided to buy a duplex or similar rental property to supplement my income. I ran across a rooming house for sale (15 rooms, 7 baths), found some managers to operate it, squeaked by with some creative down payment financing, it became a licensed Residential Care Home (in CA) and I made thousands of dollars from it over 12 years of ownership. Any of my work companions could have done the same thing but didn't. Why? Not interested? Not aware? Complacent? Lazy? No vision beyond their nose. No expectation. No hook in the water so no fish to enjoy. Remember, things like this can be done whether you are age 25 or 75.

COMPANIONS: Ran the Father's Day footrace in Fresno (CA) at **age 55**, became acquainted with some running club members, joined them in the park the following Saturday, and they have been like family for 34 years.

HOUSING: Living in Sacramento (CA) we decided not to rent anymore and began looking for a house to buy. Saw a deserted house in a nice neighborhood. The for-sale sign had fallen down and the lawn grass was a foot high. Found the owner via County records. He was Air Force and reassigned to Georgia. Called him, made arrangements, and took over his FHA loan for minimum down payment (less than \$500 in today's money).

TALENTS: Wrote two short articles on footraces I ran. Submitted to Fresno Joggers newsletter but the editor started law school and didn't have time to bother with the N/L. The new president asked, "Why don't you publish the newsletter this time?" I put one together and that became my hobby for the next 10 years.

HOUSE PETS: I've never been enthusiastic about taking care of a dog or cat. I love animals but not the care and time they take. Or so I thought! On an early March mid-morning walk, my sister and bro-in-law found an abandoned kitty, meowing in the cold, with mounds of snow piled around. My sister picked her up, brought her home and suddenly we had a house pet. So loveable, how could we not give her a home! After numerous possible names (one that was suggested was "Frankenstein"), we settled on Muffy. Muffy adopted me. She would come into my mancave/office and rest on an old pillow I had on the floor. Often, she would inspect my piles of papers on the floor and jump on my desk to see what I was doing. She seemed to love the soft music I often had playing. On that March morning, who would have guessed that by evening we would have such a loving companion. I adapted and took time and spent money in support of our new family member.

AGE: With several lost incarceration years, some former inmates and their family members, age 50 and over, may think that most of their life is behind them. Not so! Those were just the "warm up years." The Golden Years are yet to come. Examples, I started serious running at **age 55**, took over the Joggers newsletter at **age 57**, began serious cycling at **age 61**, learned, practiced, and taught tax preparation for H & R Block at **age 56 thru 60**, cycling became an obsession and rode three 200-mile bike rides at **age 66**, renovated abandoned house at **age 70** (as noted above). Moved 800 miles from Fresno to Utah at **age 74**, continued running short distances, up to 3 miles, into my **early 80s**. Started the UPAN newsletter at **age 80** as a hopefully helpful volunteer, and now at 2 months into my **90th year**, I still drive and shop, but with a reduced level of energy. Still cognitively healthy, I read, write, compose metered, rhyming poetry, and cook my own meals. The point here is, YOU CAN DO IT TOO.

In conclusion, some people think it's luck, but it really is just being aware (on the lookout) and when opportunities pop up, don't sit there, make your move. Again, the point here is, YOU CAN DO IT TOO. Best wishes, Ed.

Think two steps ahead of those who only think two steps ahead. Anonymous

Couple of Smiles and Maybe a Laugh I went to see the doctor about my short-term memory problems & the first thing he did was make me pay in advance ~~ I am not a vegetarian because I love animals. I'm a vegetarian because I hate plants ~~ 99 percent of lawyers give the rest of us a bad name ~~ My three favorite things are eating my family and not using commas ~~ And speaking of politics, you have two parts in your brain, "left" and "right." In the left side, there's nothing right and in the right side, there's nothing left.

Old saying "Calm, cool, & collected." 10 years of UPAN trying to help you stay calm, collected, and especially cool! Ed.

Utah Prisoner Advocate Network Contact Info

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"Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has." Margaret Mead